



# Recipe



## Beetroot Latte 8oz

### Ingredients:

5 Grams NS Beetroot Powder

Milk of your choice – Alternative Milks are a great option.

Try using Oat milk – you will thank us later.

### Method:

Add 5grams [1 teaspoon] Beetroot Powder to your cup

Add Steamed Milk half way & Stir Well. Then top cup up with steam milk

Alternatively you can add 5gms of Beetroot powder to your milk pitcher of steam milk – steam & serve.