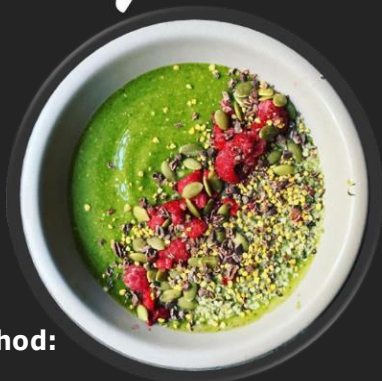




Recipe



Matcha Smoothie Bowl

Ingredients:

2 teaspoons NS Matcha Powder

1 frozen banana

½ cup frozen berries

½ cup spinach leaves

½ cup almond milk

Toppings: sliced fruit, granola, chia seeds, coconut flakes, goji berries, peanut butter, cacao nibs – options are endless!

Method:

In a blender, combine NS Matcha Powder, frozen banana, frozen berries, spinach, and almond milk. Blend until smooth.

Pour the smoothie into a bowl.

Top with toppings of your choice and serve.