



Recipe



Turmeric Coconut Energy Bites

Ingredients:

- 1 cup oats
- ½ cup shredded coconut
- ½ cup almond butter
- 1/3 cup honey
- 2 teaspoons NS Turmeric Powder
- ½ teaspoon vanilla extract
- Pinch of salt

Method:

Combine oats, coconut, almond butter, honey, salt, vanilla extract and NS Turmeric Powder.

Press into lined square baking dish and refrigerate for 30 mins.

Cut into squares, or alternatively roll into balls, and refrigerate again for 30 mins to set.